

Daily Lunch: \$ 2.35 (with milk)
 Breakfast: \$ 1.55 (with milk)
 Milk (only) \$.55

Mansfield Middle School Menu November 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Mozzarella Sticks Toasted Cheese on Wheat Tomato Soup Mixed Vegetables Fresh Fruit or 100% Juice Milk Cereal, Milk, 100% Juice November 1	Election Day! White Cheese Quesadilla, Red Salsa, Blue Jell-O with Fruit, Rice & Beans, All American Salad Milk Muffin, Milk, 100% Juice November 2	Pasta with Meatballs Green Beans Vegetable Sticks Whole Wheat Breadstick Orange Smiles or 100% Juice, Milk Yogurt with Crackers, Milk, 100% Juice November 3	Cheese Pizza Garden Salad Coined Carrots Pineapple Tidbits or 100% Juice Milk English Muffin & Egg Sandwich, Milk, 100% Juice November 4	Macaroni & Cheese Broccoli Spears Celery & Carrot Sticks Applesauce Blush or 100% Juice Milk Cereal, Milk, 100% Juice November 5
Hamburger on a Bun Spicy Fries Cucumber Slices with Dill Fresh Fruit or 10% Juice Milk Cereal, Milk, 100% Juice November 8	Shepherd's Pie: Seasoned Ground Beef Mashed Potatoes Corn, Dinner Roll Chilled Peaches or 100% Juice Milk Bagel with Cream Cheese, Milk, 100% Juice November 9	Stuffed Crust Pizza Garden Salad Coined Carrots Chilled Pears or 100% Juice Milk Cereal, Milk, 100% Juice November 10	Veteran's Holiday No School November 11	No School November 12
Chicken Pattie on a Bun Sweet Potato Fries Vegetable Sticks Fresh Apple or 100% Juice Milk Cereal, Milk, 100% Juice November 15	Taco Salad: Seasoned Beef Cheese, Lettuce & Tomato Fluffy Rice Chilled Pineapple or 100% Juice, Milk Pancakes, Milk, 100% Juice November 16	Pasta with Meatballs Garden Salad Mixed Vegetable Whole Wheat Breadstick Peaches and Cream or 100% Juice, Milk Yogurt with Crackers, Milk, 100% Juice November 17	French Bread Pizza Tossed Salad Veggie Sticks Fresh Fruit or 100% Juice Milk Breakfast Sandwich, Milk, 100% Juice November 18	Thanksgiving Meal Roast Turkey, Mashed Potatoes, Stuffing, Gravy Seasoned Corn, Applesauce, Cranberry Sauce, Dinner Roll Gingerbread Milk Cereal, Milk, 100% Juice November 19
<u>Early Release</u> Toasted Cheese on Wheat, Mozzarella Sticks, Tomato Soup, Vegetable Strips, Fruit Wedge or 100% Juice, Milk Cereal, Milk, 100% Juice November 22	<u>Early Release</u> Pancakes Eggs Oven Potatoes Orange Smiles or 100% Juice Milk Yogurt with Crackers, Milk, 100% Juice November 23	<u>Early Release</u> Cheese Pizza Tossed Salad Mixed Vegetable Fresh Fruit or 100% Juice Milk Cereal, Milk, 100% Juice November 24	<div style="text-align: center;"> <h1>Happy Thanksgiving!</h1> <p>NO SCHOOL</p> </div> November 25 November 26	
Hot Dog on a Bun Baked Beans Sweet Potato Fries Fresh Fruit or 100% Juice Milk Cereal, Milk, 100% Juice November 29	Chicken Nuggets Mashed Potatoes Seasoned Carrots Fresh Fruit Cup or 100% Juice Milk Muffin, Milk, 100% Juice November 30	Cheese Raviolis Mixed Vegetables Whole Wheat Breadstick Fruit or 100% Juice Milk Yogurt with Crackers, Milk, 100% Juice December 1	White Pizza Tossed Salad Vegetable Sticks Chilled Pears or 100% Juice Milk Bagel with Cream Cheese, Milk, 100% Juice December 2	Hamburger on a Bun Oven Potatoes Green Beans Fruit or 100% Juice Milk Cereal, Milk, 100% Juice December 3

Daily breakfast alternates: Cereal Variety, Bagel or Muffin Choice with Juice & Milk.

Daily alternate lunch indicates main entrée alternative-All vegetable & fruit components listed on menu are available with Bagel & Yogurt meal and Peanut Butter Sandwich Meal. Salad meal includes protein, wheat bread, fruit, and choice of milk. A fruit juice may be substituted for fruit at any meal. Low-fat chocolate, skim, or 1% milk is available with each lunch.

E-mail us at foodserve@mansfieldct.org. Please include your name, school, and child's name.